

Winter 2006

Montlake

COMMUNITY CENTER



*Programs this quarter will be held at
Miller Community Center Annex located in
Meany Middle School 301 20th Ave E 98112.*

*McGilvra Before and After School, Break Camps
and Summer Day Camp will be held at
McGilvra Elementary School in Madison Park .*



SEATTLE PARKS
AND RECREATION

Montlake Community Center

at Miller Community Center Annex
located in Meany Middle School

301 20th Ave E 98112

Phone: (206) 684-4736 Fax: (206) 233-7140

visit us at <http://seattle.gov/parks/>

Payment may be made at Miller*.

Monday, Wednesday, Friday 1 – 9 p.m.

Tuesday and Thursday 10 a.m. – 9 p.m.

Saturday 10 a.m. – 5 p.m.

Sunday Closed

*Montlake CC has no hours of operation

Facility closure

Montlake Community Center will be closed for renovation beginning December 1st. See page 3 for details.

Holiday closures

Sunday, December 25 & Monday,
December 26, Christmas Holiday

Sunday, January 1 & Monday, January 2, 2006,
New Year's Holiday

Monday, February 20, President's
Day

Program registration

Begins December 12

Program dates

September 5 to December 31, 2005

Professional staff

Christopher Williams, *Operations
Director*

Maureen O'Neill, *North Recreation
Manager*

Tom Ostrom, *North Sr. Recreation
Coordinator*

Dena Schuler, *Assistant Center Coordinator*

Klaus Goodrum, *Sports Director*

Zinda Foster, *Recreation Attendant*

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Join Montlake Advisory Council

You can make a difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held (on the first Monday evening of every month) to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, special events, and facility rentals are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Accommodation for people with disabilities.

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

Program Relocation

Located in Central East Seattle, **Montlake Community Center (MCC)** is **closed for construction** effective December 1, 2005. The expanded center will reopen in late 2006, offering a wide array of programs and special events.

During closure, many of our programs have been relocated to **Miller Community Center Annex located in Meany Middle School 301 20th Ave E 98112. Miller Annex is located East of Miller Community Center. The parking lot is located on 20th Ave E.** Other programs have moved to locations nearby.

Montlake Children and Youth Indoor Sports Programs have both been relocated to **Miller Community Center Annex**. These programs include Instructional, Cub and Youth Basketball as well as Nerf Soccer.

Montlake Children and Youth Outdoor Sports Programs locations will be listed on registration forms available in February 2006.

McGilvra Before and After School, Break Camps and Summer Day Camp are located at McGilvra Elementary School in Madison Park.

Summer Sports Camps locations will be listed in the Spring 2006 Montlake Brochure.

Morning Fitness will be held in the Miller Community Center Gym at 7am, 8:15am and 9:30am. Beginning in January 2006 there will not be a 9:30 class.

Adult Karate will be held at Montlake Elementary School Gym.

Registration Timeline

Spring Sports Registration will begin February 13, 2006

Summer Camp Registration begins April 4, 2006.

Fall 2006 Before & After School Program Registration will begin May 15, 2006

Fall Sports Registration will begin May 30, 2006

Registration and Program Information

During the renovation, Montlake will be operating under a skeleton staff. We will not offer standard business hours. Miller Annex will be open only to registered program participants during program times.

Initially we will provide 2 methods of payment. Payments may be dropped off or be made by phone. Information is provided below. Online Registration and Payments will be made possible beginning December 12th. Beginning December 5th, activities may be viewed online. Many questions regarding online payments can be answered on the following site <http://egov1.seattle.gov/parks>. For any other information regarding Montlake Community Center activities and renovation updates go to <http://www.seattle.gov/parks/centers/montlakecc.htm> We hope to include other options for registration and payment in the near future.

Registration forms for Montlake Programs will be available at Miller Community Center. There will be a drop box located inside Miller Community Center. For your convenience participants may complete registration forms, attach payment and drop it in the drop box at Miller Community Center during Miller business hours. Mon, Wed and Fri 1-9pm and Tue, Thur 10-9pm. MCC staff will still collect all fees and process your drop box payments.

To make **payments by phone** for any of our programs that you have previously registered for (before and after school, Fitness etc) please call 206-684-4736. Be prepared to leave your name and telephone number. You will receive a call back within 48 hours.

Registration forms and payment must be received in order to be considered registered for a program.

To contact our Childcare Director for specific questions or to communicate your child's absence, call 206-423-4751.

For all other questions please call 206-684-4736.

Kids Out of School Care/ Camps

McGilvra Before and After School Care

McGilvra Before and After School Care is a DSHS licensed out of school time program which provides care for children attending kindergarten through sixth grade. At MASC kids are encouraged to grow socially and physically through activities including sports, art, science, homework tutoring, theater, cooking, community involvement and much, much more. At MBSC/MASC we encourage each child's creativity, uniqueness and their ability to do things like nobody else. All activities, field trips and snacks are based upon the interests of our children. The staff members at MBSC/MASC strive to provide the children with opportunities for choice and self-direction. We offer a family oriented atmosphere in a safe and fun environment. Come join the MASC staff for an exciting school year.

Monthly Fees:

Before School Care 7:15 a.m. – 9:15 a.m.	After School Care 3 p.m. – 6 p.m.
5 days/wk: \$150	5 days/wk: \$230
4 days/wk: \$145	4 days/wk: \$220
3 days/wk: \$110	3 days/wk: \$165
2 days/wk: \$75	2 days/wk: \$110
1 day/wk: \$40	1 day/wk: \$55

Explanation of Fees – The standard monthly Before and After School program fees are calculated by determining the school year cost and dividing by ten. This averages the cost of the programs over 10 months and allows for a consistent fee. For example, the same fee is charged for a full month (September) and a holiday month (December).

Drop-in child care participants will no longer be accepted. Families must register for one of the above options. At the time of registration please be prepared to indicate the specific days of the week you will be attending. For example 2 day a week After School, Mon and Wed

Eligible families may request scholarship funds for the five day a week program. To inquire about scholarship availability please call 206-684-4736

Bus service is available to and from Stevens, Lowell and Montlake Elementary Schools via Public School Transportation.

No Program 1/2, 1/16, 2/20, 3/17.

Age: Children K to 5

Jan 1 – Mar 26

Location: McGilvra Elementary School

Mid-Winter Break Camp

Instructor: Director Bailey Korsmo

Tue – Fri Feb 21 – Feb 26

Fees: \$108.00 Scholarships are available for eligible families.

One Day Camp

No cost to full time before and after school participants

\$10 for full time participants of either before or after care

\$35 part time or new participants.

Instructor: Bailey Korsmo

Age: 5 to 12

Fridays 7 a.m. – 6 p.m.

Fri, Mar 17

Location: McGilvra Elementary



Kids Spring Sports

During the remodel of the Montlake Community Center, our programs will be held at the Miller Annex building East of the Miller Community Center.

Nerf Soccer DINOSAUR League for 4 year olds — The T-Rex Stompers

Kick it here, kick it there, the Dinosaurs are everywhere!!! Come join a program to introduce soccer with an emphasis on fun, making friends and having a DINO-stomping good time. With a supportive and energetic environment, your young soccer stars will learn the basics in fun soccer games. This program will be one day a week for one hour. We are still looking for a volunteer coaches, who will determine the day for this class.

So come join the fun, give a T-Rex roar,

PLAY NERF SOCCER

KICK THAT BALL AND SCORE!!

Registration begins Monday, February 13, 2006.

Practice starts the week of March 20.

Games go from March 31 - May 26.

Instructor: Volunteers Needed

Age: 4 year olds

Mar 20 – May 26

Fees: \$45.00

Location: Little gym in Meany Middle School

Citywide Girls Youth Softball

Are you ready for some SOFTBALL! Bring yourself or bring a whole team and get your gloves out of the closet, for the youth softball league is here. We will teach you the game, help you improve your ball handling skills, gain confidence with your swing, and just have fun. The league is for 10-17 year old girls.

Registration begins Saturday, February 4.

Practice starts the last week of March.

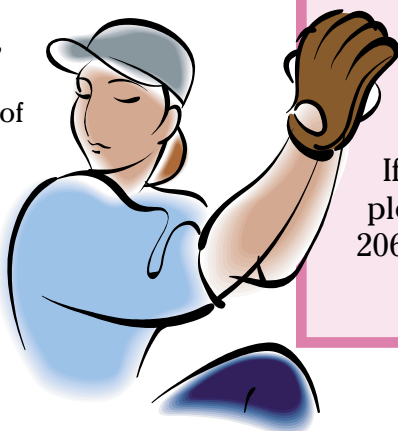
Games begin third week in April.

Instructor: Volunteer Coaches

Age: 10 to 17

Mar 27 – Jun 17

Location: Montlake



Nerf Soccer DINOSAUR League for ages 5 – 7

Did you ever see Dinosaurs play soccer... Dino-Soccer, Dino-Score, Dino-Mite! This program is a fun way for young soccer players to learn the basics of this sport in a supportive and educational environment.

Each team will choose a dinosaur name for their teams. Practices will be one hour a week, starting Feb 4 either at 4, 5, or 6 p.m. Games will be played on Friday and possibly early Saturday morning, depending on the number of teams.

So come sign up your son and daughter,

Let's play some Stegosaurus Soccer!!

Only 12 players per team - NO EXCEPTIONS

Volunteer Coaches needed.

Registration starts Monday, Feb 13.

Practice starts the week of March 20.

Games go from March 31 - May 26.

Instructor: Volunteers needed

Age: ages 5 to 7

4 – 7 p.m. Mar 20 – May 26

Fees: \$45.00

Location: Meany Middle School



Volunteer Coaches Needed

Montlake Community Center's soccer, softball, ultimate Frisbee, and track programs depend on volunteer coaches. If you're interested in coaching, please call the Center at 206-684-4736.

Kids Spring Sports



Boys and Girls Track and Field

Come enjoy the excitement and competition of Track and Field Sports. Run the 50 meter dash, learn to throw the javelin, or be part of the relay team. Our coed track team practices twice a week on Mondays and Wednesdays 4:00-5:00 pm at the Montlake field. Transportation to track meets is available from our center.

Events include: 50 meter dash, 100 meter dash, 200 meter dash, 400 meter dash, 800 meter dash, 1500 meter run, 3000 meter run, 4 x 100 relay, long jump, triple jump, softball throw, shot put, javelin (turbo).

Volunteer Coaches Needed

Registration begins February 4.

Practices start last week in March

Practice Days still to be determined.

Track Meets on Wednesdays.

Mar 27 – May 24

Ultimate Frisbee

What sport combines the best of basketball, football and soccer with a frisbee? Yes, you guessed it.... **ULTIMATE FRISBEE** It is a fantastic sport and easy to learn. This program is an instructional league. Our emphasis will be on teaching the basic rules of the game, how to throw and catch the frisbee, and have you running in the sun. So come join in the fun.

Teams will be formed at different Centers and will meet on Fridays for games.

Registration starts February 4.

Practice are one hour and begin the first week in April

Practice Times still to be determined; games on Friday

Instructor: Klaus Goodrum

Age: 8 to 12 year olds

Apr 3 – Jun 9



Roger Peter Scholarship Fund

Roger was the community center coordinator at Montlake for over 10 years. The Montlake Advisory Council and his family formed this fund in his memory to provide opportunity for disadvantaged youth to participate in Montlake Community Center sports and recreation programs. If you are interested in applying for financial aid through this fund, or in donating to the fund, please talk with a staff person.

Adults



Fitness Classes

Get in shape safely and seriously. These classes incorporate several forms of exercise including aerobics, isometrics, calisthenics, and yoga all to the sassy rhythms of a variety of musical selections. Full payment is due prior to attending classes.

Punch Card Prices

10 visits \$ 37.50
20 visits \$70
30 visits \$82.50
40 visits \$90
Winter Quarter Pass \$120
12 weeks

Instructor: Erica Christenson

Age: 18+

Mon – Fri 7 – 8 a.m. Jan 3 – Mar 24

Mon – Fri 8:15 – 9:15 a.m. Jan 3 – Mar 24

Location: Miller Community Center Gym

Karate with Jim Knoblet

Isshin-Ryn Okinawan Karate is available to both women and men and will incorporate beginning, intermediate, and advanced skill levels in each class. Instructor Jim Knoblet will teach Kata, sparring, breaklocks and throws with an emphasis on self defense.

***No Class February 21**

Instructor: Jim Knoblet

Tuesdays 6:30 – 8:30 p.m. Jan 10 – Mar 21

Fees: \$100.00

**Location: Montlake Elementary
2409 22nd Ave E**



Seniors Watercolor Painting

Relaxed fun for beginners to seasoned painters. Learn new techniques from instructor Jan Morris and fellow students. Come prepared with paper, paints and brushes to start at first class.

Instructor: Jan Morris

Wednesdays 12:30 – 2:30 p.m.

Fees: \$60

Location: Miller Community Center



Montlake Community Center is operating at

★ Miller Community Center Annex in
Meany Middle School
301 20th Ave E, Seattle 98112
206-684-4736

and

★ McGilvra Elementary School
located in Madison Park
1617 #8th Ave. E, Seattle 98112

General Information

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to City of Seattle. **Please note:** Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.



Montlake Community Center
1618 E Calhoun St
Seattle, WA 98112-2122
K1565

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